

## Responder Service

The response team respond to calls for assistance through the community alarm system. If a response worker is required, they will be dispatched by the control centre-provided with details of your call and the assistance that you need.

## Contact Numbers for Enablement and Response Team Senior Social Care Officers

Arbroath: 01241 465338 or 07919395250

Carnoustie/Monifieth: 01241 465431 or 07919395248

Brechin/Montrose: 01356 237115 or 07876282321

Forfar/Kirriemuir: 01307 491822 or 07919395249

## CAPA & the Life Curve App:

Care About Physical Activity Programme (CAPA) And the Life Curve App play an important part in our enablement support. For further information please visit.

[www.capa.scot](http://www.capa.scot)

[www.adlsmartcare.com](http://www.adlsmartcare.com)

## Feedback from questionnaires

“ It has helped me recover quicker ”

“ I am back to my routine ”

“ I have regained my confidence ”

# Enablement And Response Team



## Get Up, Keep Moving

ACCESS Line: 03452 777 778

## What is the Enablement and Response Team?

The Enablement and Response Team (ERT) support you to maintain or regain your independence. They will work with you in your own home and help you remain as independent as you can be. The ERT do not do things for you but give you the skills and confidence to complete daily living tasks yourself. It is short term support, up to a maximum of 28 days, and the support will be reviewed regularly to monitor your progress. The staff also respond to support people who have a Community Alarm.

You may require the Enablement and Response Team if:

- You are struggling to manage at home and feel you need some support to remain independent.
- You have had a spell in hospital and need to regain some of the skills and confidence you may have lost.
- You receive a long term service but your needs are increasing and you require an assessment for these.
- You have become unwell, while you recover the ERT could provide short term support to prevent your admission to hospital
- You are a carer and become unwell, while you recover the ERT could provide short term support for the person you care for
- You require support from the community alarm service
- You require end of life care

## How can you access the Enablement and Response Team?

A request can be made on your behalf by a range of professionals, such as the hospital discharge team, GP, District Nurse, Occupational therapist, Physiotherapist, Care Manager or Home Care Assessor. A referral form will be completed and submitted to the ERT.

You will be notified when your support will begin. This could be immediately, within 24hrs or you may be placed on a waiting list.

## What support does the ERT provide?

A member of the team known as a Social Care Officer (SCO) will arrange to visit you at home. They will start with an assessment of what you can do for yourself and work with you to reach your goals.

The Senior Social Care Officer (SSCO) will monitor your progress and reduce the level of support you require as you continue to become more independent.

Progress through the enablement process will be reviewed regularly with you, your carer, family and/or your Power Of Attorney. To enable us to share your assessment with your Power of Attorney we will require a copy of your active POA. You may see different members of the team, as well as District Nurses, Occupational Therapists and Physiotherapists who will all be working together to ensure your goals are achieved and your independence maximised.

## How long will the ERT work with me?

As you become more independent your support will be reduced and/or ended when you have reached your goals. This may be after only a few days, or it could take up to two or three weeks and some people may require the full 28 days.

Should you be admitted/ readmitted back into hospital or go into a respite placement in a care home your support will end after 48 hours.

## What if I require ongoing support?

If you require ongoing support, this will be discussed with you. A Care Manager or Home Care Assessor will discuss your support needs and the options available to you.