

Academy Medical Centre Winter 2019



We want you to know about our new Online Appointment Service available for you to access now.

The first available appointment to book online will be:

- Chronic Disease appointments
- Smear appointments
- Physiotherapy appointments

All of these are held within the practice.

If you are interested in using this service, please contact the surgery and your Team Admin will sign you up for this service and you will be given a user number and password.

Once you're signed up you can log on via the link below and log on with your user number-

<https://academy-medical-centre.appointments-online.co.uk>

Have you ever thought about joining our Patient Participation Group (PPG)?

Our PPG at the practice consists of patient volunteers with the support of the practice manager and staff to help strengthen the relationship between you the patient and the practice. We meet at the practice every month, we are a friendly group and the meetings run for approx 90 minutes on a Tuesday evening 5.30pm – 7pm.

Find out more about what we do on page 4 or if you would like to know more or become involved please phone the practice on 01307 462316, email Academymc.tayside@nhs.net or complete the form on the practice website.



Visit our brand new website at

www.academymedicalcentre.co.uk

Did you know we're also on Facebook and Twitter?!

facebook

twitter

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Dr James Denholm MBChB, MRCP, MCGL1 – Team 2 -

Dr Denholm joined us in April 2019 as a full-time Salaried GP, having previously been a GP in Cornwall and prior to that in the military. He has additional skills in joint injections and minor surgery, and a special interest in musculoskeletal problems, pain medication prescribing, substance misuse and occupational health.



Mrs Lorraine Forsyth - Nurse Practitioner – Team 5

Lorraine joined the practice in August 2019 joining Team 2, holding a BSc in Nursing. She is an independent prescriber who can prescribe for many minor illnesses and conditions. Special interests are Asthma, Diabetes and Family Planning.



Isabella Greenhowe - Secretary

Isabella has joined our Administration team as our newest secretary. She was welcomed to the team in August 2019.



Congratulations to Keri and Teresa -

Congratulations to Keri, our Nurse Practitioner in training, on the completion of her Prescribing Module. Keri is now able to prescribe for a variety of conditions within her remit. Another congratulations is due to Teresa Forbes who was our Team 5 Administrator and is now our new Office Manager. **Well done to you both!!**



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GP Availability

	Dr K MacCallum	Dr J Denholm	Dr C Thomas	Dr L Barry
Mon	All Day	All Day	All Day	All Day
Tues	All Day	All Day	All Day	-
Wed	All Day	All Day	All Day	-
Thur	All Day	AM Only	Minor Surgery Clinic	All Day
Fri	-	-	AM Only	All Day

Each of the doctors has a commitment to provide care in local nursing or residential homes, and some also perform minor surgery and nexplanon clinics. These other commitments may affect a GP's availability for case managing throughout the day.

Christmas Opening Times

- We will be closed all day on –**
- Christmas Day, Wednesday 25th December 2019
 - Boxing Day, Thursday 26th December 2019
 - Wednesday 1st January 2020
 - Thursday 2nd January 2020



- If you take regular medications, please ensure you check you have enough left to cover times we are closed. It's also important not to over order, so only request what you need, and make sure you don't run out of anything during that time.
- If you are ill on a day or time when the surgery is closed and you can't wait until it reopens help may be available from a range of NHS services, from your pharmacy and minor injuries unit, to NHS Inform and NHS 24 on 111.
- Always **dial 999 in the event of an emergency.**

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**Did you know that we have an Award Winning Patient Participation Group in the practice?
Here are just some of the benefits of having a PPG...**

- We develop practice communication leaflets
- We aim to improve communication between practice and its patients
- Carry out patient surveys or obtain patient views
- Two way communication between staff and patients
- Help raise funds
- Support the practice in its health promotion and education work
- Provide additional support for “open days” and “health fairs”
- Promoting access to local health services

Find out more at
www.academymedicalcentre.co.uk



Come along to our free Third Sector Health Hub events on the 3rd Monday of each month. They are in the waiting room between 2-3.30pm, everyone is welcome.

You'll find information and friendly staff available for a chat for more information on local services that might be able to give you some extra support.

Organisations attending our December and January events are –

- Angus Alcohol and Drug Partnership (ADAP)
- Angus Independent Advocacy (AIA)
- Angus Alive and MacMillan - Move More
- Hear Me
- Citizens Advice (CAB)
- Angus Falls Service
- Angus Housing Solutions

