

The Nurse Practitioner Service is a safe and effective way to have treatment at the surgery and is closely monitored by the GPs. If your problem is one that the nurse is unable to deal with she will arrange for you to be seen by the most appropriate person within the surgery who can deal with your problem.



Thank you for taking the time to read this leaflet, we hope you have found it helpful and informative.

If you have any suggestions please send them to our PPG (Patient Participation Group) at:

**Academy Medical Centre
Academy Street
Forfar
DD8 2HA
Tel 01307 462316
www.academymedicalcentre.co.uk**

Academy Medical Centre

Patient Information Leaflet No 2

Nurse Practitioner Service



**Academy Street
Forfar DD8 2HA
Tel 01307 462316**

Nurse Practitioner Service

Academy Medical Centre has been providing a Nurse Practitioner Service for a number of years, and it is proven to be a beneficial service for many of our patients.



The aims of the service are:

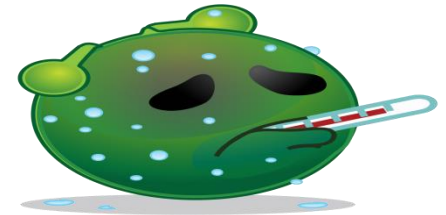
- Improve access to a healthcare professional for patients with a minor illness
- To deal with many problems traditionally seen by GP's, thus allowing GP's more time with patients who have more complex medical needs.
- Encourage self care through opportunistic patient education using longer appointments.



The Nursing Team provide daily consultations throughout the week. They are specially trained in the assessment and management of minor illnesses and can see and treat a variety of problems. They also deal with Chronic Disease Management, such as Asthma, COPD & Diabetes.

Conditions commonly dealt with by the Nurse Practitioner include :

- Allergies
- Ear, nose and throat infections, including sinusitis
- Eye infections
- Coughs, colds and chest infections
- Athlete's foot
- Minor abdominal problems – indigestion, constipation, diarrhoea/vomiting
- Skin complaints and infections
- Urinary tract Infections



The Nurse Practitioner Service is run in conjunction with other local services such as Pharmacist, Opticians MIU, and Physiotherapist.

Conditions commonly dealt with by your local

Pharmacy are:

- Athlete's foot
- Colds
- Cold sores
- Sunburn

Below is a list of conditions dealt with my Minor Injuries Unit are:

- Burns
- Foreign body-ear/nose
- Head injury – minor headache

In order for the admin staff to refer you to the most appropriate person, You will be asked for a brief description of your problem when you call the surgery.